



humanity in motion



Rotary District 1090  
Youth Services

# Rotary Youth Leadership Award

18th - 25th July 2020

You could take part in the Rotary Youth Leadership Award



*"It has been an experience I will treasure for a life time..."*

*"I got the opportunity to do so many activities. They put me out of my comfort zone but were fantastic and fun and certainly helped build my confidence."*

### What is Rotary?

Rotary is a worldwide network made up of over 34,000 Rotary clubs around the world. Rotary International forms a global network of business, professional, and community leaders who volunteer their time and talents to serve communities locally and around the world – and form strong, lasting friendships in the process. Our motto, Service Above Self, exemplifies the humanitarian spirit of the 1.2 million Rotarians worldwide .

### What is RYLA?

It is a Rotary International programme for young people. It offers young people one of the most rewarding experiences of their lives by taking part in developing qualities of leadership, team working, initiative and problem solving at the start of their careers.

The programme develops a more complete personality and the new found confidence and skills are brought back into the workplace and community.

We also ask candidates to complete a presentation to their sponsoring Rotary Club about their experience.

### How does RYLA work?

The course is for young people at the start of their working life.

Participating Rotary Clubs select representatives of either sex as its nominees.

Clubs ensure that the young people chosen come from a wide background of abilities, vocations and social levels who are considered to have leadership and development potential.

### Where does it all happen?

The week long course takes place at Rhos-y-Gwaliau, a small hamlet near Lake Bala in the Snowdonia National Park, North Wales. [www.rygoutdoor.co.uk/Welcome.html](http://www.rygoutdoor.co.uk/Welcome.html) One Rotarian works with each group to assist the staff instructor.

Originally the village school, the Centre was adapted to become an outdoor educational base for Berkshire schools.

Now privately owned the Centre is the ideal site for this Rotary inspired course. The Centre is staffed by a small group of dedicated and talented course leaders, professionally qualified in the specialized field of outdoor leisure pursuits.

In all activities the highest standard of safety is paramount.

### Who is selected?

The short answer is that there is no particular type of person. Indeed the success of the course depends on there being a good mix of people of different ages (between 18 and 25), backgrounds and experience, all with leadership potential.

The commitment and determination by the participants to succeed is most impressive.

The course is also designed to develop the latent talents of anyone held back by lack of confidence. Candidates must be prepared to contribute to as well as benefit from the course and preference will be given to those who would not otherwise get the opportunity to take part in such an award scheme. It will be an alcohol free week.

\*Please note that candidates must be 18 years old by the first day of the course.

#### Commitment

The candidate who will gain most is the one who is prepared to contribute most.

Candidates will meet with the sponsoring club to ensure that those selected are done so for their ability and attitude to maximise their leadership potential.



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## How much does it cost?

There is no cost to the candidate as they are sponsored by a Rotary Club or possibly an employer. Many clubs sponsor more than one candidate and some involve local businesses who pay for members of staff as part of their development training programmes.

## Apply NOW!

If you would like to be considered for the next course please contact:

1. Your local Rotary Club  
[www.rotaryqbi.org/club-finder/](http://www.rotaryqbi.org/club-finder/)

OR

2. Rtn. Sarah Shears  
e: [district1090ryla@gmail.com](mailto:district1090ryla@gmail.com)  
Contact form:  
[www.tinyurl.com/RYLATHamesValleyContact](http://www.tinyurl.com/RYLATHamesValleyContact)

## Comments Received

"An experience of a lifetime which I will never forget. I have more confidence and have learnt skills which will help me both at work and my voluntary work."  
**July 2012 – Emma aged 20.**

"I now feel confident to lead a group. Fantastic week."  
**July 2013 - James aged 19**

"Brilliant week, an experience I will never forget. It taught me to trust others and work in a team"  
**July 2014 - John aged 20**

'I got the opportunity to do so many activities. They put me out of my comfort zone but were fantastic and fun and certainly helped build my confidence.'  
**July 2015 – Kate aged 18**

"RYLA has helped me become more confident in communicating with other people. It really has made a difference and I would recommend young people to do it. You'll also meet loads of new friends who you'll learn new skills with along the way, during one of the most challenging but rewarding weeks of your life!"  
**July 2016 - Sam aged 25**

"The RYLA course was challenging, enjoyable and very well structured. It provided a unique opportunity to reflect on our attitudes and actions after each challenge, enabling us to grow as a team and as individuals. Not to mention the beautiful location and brilliant staff. An amazing and worthwhile experience."  
**July 2017 - Gabby aged 23**

'I fell, I rose, I was challenged, I ran, I climbed, I helped, I was inspired, I took the lead like never before, I am better than before'.  
**July 2018 Said Sair – aged 25**

What can be guaranteed is that candidates will return different, more confident, better equipped for the future in work, relationships and the local community.